

Community Project Grant recipients include:

Native Plants Guru Training

Friends of Parkway Forest Park (FPFP) is a group of active local residents who will organize a series of 7 weekly workshops/nature walks (2 hours long), led by individuals trained in traditional Chinese, Indian and Indigenous medicine. These sessions will be offered to 20 residents (age 10+) from the Don Mills and Sheppard Area who will commit to the entire workshop series. Nature walks will take place in Parkway Forest Park, Dallington Park, Henry Farms, and Betty Sutherland Trail. Participants can sign up to help FPFP design, build and care for a native plants garden, which will be part of the next steps of the project.

The Hubsters Youth Group

This youth group holds a weekly program for youth (ages 12-19) in the Victoria Village neighbourhood to learn valuable skills such as cooking, leadership, teamwork, and employment. The goal for this project is to promote wholeness through healthy living, community participation and recreation, to improve overall wellbeing.

Flemingdon Urban Fair Committee

Flemingdon Urban Fair Committee (FUFC) is a group of active volunteer residents in Flemingdon Park who have come together to animate the green space in Flemingdon Park. FUFC is working with local residents to give input about what changes they would like to see in their neighbourhood as part of a series of community events planned to transfer knowledge and build capacity within the community with a goal to bolster community action towards safer more inviting public spaces. FHC funding will support a multicultural spring urban fair as part of this group's community engagement activities. This fair is designed to promote community cohesiveness, integration and healthy lifestyle, while supporting community leadership and interaction.

The Getaway Club, Leaside Towers

The Getaway Club is a group of seniors who have recently started exercising together weekly as a result of FHC exercise programs, which are part of FHC's contribution to the work of the Elder Person Consortium (EPC). FHC and the EPC began to work with these seniors as they were not accessing other programs and services in the community. FHC funding will support an additional day of exercise for these senior residents residing in a building in Thorncliffe Park, as these seniors are very keen on keeping up the new skills and friendships they are now developing.

Toronto Emerging ARTivists

An eco-art mural installation created outside of Valley Park Middle School depicting a large tree that emerges from the palms of 2 hands. The tree will be adorned with leaves, painted with organic chalkboard paint so that individuals can write messages to other members in the community. This will become a site for dialogue about the local environment and local issues within the community.

Smiling Club

This club that operates out of 10 Deauville Lane designed programs to provide exercise and leisure opportunities for seniors, particularly those that are isolated and who may not speak English. Physical exercise, dancing, Tai Chi, Chinese brush painting, Mahjong are among the many activities planned. To city tours were organized to places such as the Royal Ontario Museum, Art Gallery of Ontario or Ontario Science Centre.

Dallington Pollinators

In 2013, a community garden was launched in the Fairview catchment area by the Dallington Pollinators at Dallington Public School. This community garden started with funding from a variety of other organizations and did a great job to engage local residents. Funding from FHC provided opportunities to work with community members around local food systems, stewardship, sustainability and food security. Specifically, community events and workshops were held, as well as community walks.

Mothers in Motion

A physical activity program designed by mothers, for mothers. This group of 15 women and their children enjoy yoga, Zumba, and belly dancing, as well as educational sessions, on a weekly basis. Together, they increase their physical activity and learn how to prevent injuries and eat healthy.

Let's Cook

A youth-led program that encourages relationship building between youth and young adults, through culinary arts. The youth were provided with training and leadership opportunities, and were expected to work together as a team to complete their weekly tasks.

Theatre for Peace:

Theatre for Peace is a project that seeks to empower positive youth voice through the performing arts. Over the course of three months the youth in the program developed their singing, dancing, and acting skills through the performance workshops offered by Theatre for Peace.

Parkway Rayoak Women's Health and Wellness Group:

A project designed to improve the health and well-being of isolated women living in the Parkway Rayoak community through the development of programs and resources that promoted strong and healthy relationships.

Youth Advocating for Healthy Lifestyles

YAML is a project that involves 25 high school students who are Leaders-in-training (LIT) and their leaders who are engaged in the After School Program at the Flemingdon Gateway Mission. It involved a 2-3 days outdoor camping.

GOAL: To increase LIT's awareness and appreciation for healthy eating and healthy lifestyles; increase their knowledge of healthy lifestyles; and sharpen their skills at advocating for healthy lifestyles.

"Discourse" Project

GOAL: To provide an opportunity for the Afghan youth to come together, identify the issues and beliefs which they feel either directly or indirectly affect their lives and challenges, discuss and debate those topics amongst themselves while giving the opportunity for those Afghan youth that may not want to participate in the active debate to observe the debate/discussion process.

Dostee Soccer Club Project

GOAL: To achieve a healthy and safe community and to keep youth out of trouble by keeping them busy with soccer games.

"The Scene" Newspaper Project

GOAL: To produce a youth led community newspaper that allows free expression.