

# TPH RESOURCES

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## Community Ambassador Resources

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### [Covid-19 Caring for Someone- City of Toronto](#)

A resource for caring for or living with someone who has a respiratory illness, including COVID-19, follow these steps to reduce the spread of illness at home (also includes information on caring for a child who has COVID-19 or another Respiratory Virus)

### [COVID-19: Information for Parents & Caregivers – City of Toronto](#)

The information on this page is meant to support parents, caregivers and families in preventing the spread of COVID-19 and other viruses in our communities

### **The pages above contain the following linked Resources**

- [Looking After Yourself and Your family During COVID-19 Self-Isolation](#)
  - [COVID-19 information for parents and caregivers](#)
  - [Navigating colds, flu, and kids: Don't rush to antibiotics](#)
  - [Shortage of infant and children's liquid pain and fever medications](#)
  - [Caring for your child with respiratory illness](#)
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